

PROJECT DESCRIPTION



Example of a good project description

Example

Wonderwomen Dance project is an exercise program for older women over 55. The program provides an inclusive and fun environment to improve fitness with 12 free weekly dance classes at Lynbrook Community centre followed by a cuppa and chat for up to 20 women.

Dance has been proven to increase health, wellbeing and longevity and combined with social inclusion activities provides opportunities to build longer term relationships. No dance experience required!

Write your own project description think about *Why, What, Who, How, When and Where and How Much* to describe the project or use the template.

Project Description Template

..... project is a
.....program for
..... who have been impacted by
.....

The project provides

for the purpose of

Throughwe will deliver

Participants will also benefit from

The program's ultimate aim is to