

AGEING WELL LIVING LAB

DESIRED OUTCOMES FOR COUNCIL

AUGUST 2026



CITY OF CASEY AGEING WELL LIVING LAB

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The Smart City, Innovation, and Improvement team engaged representatives from various Council teams, including Ageing and Sector Support, Community Activation, Health and Social Policy, Equity and Inclusion, Community Facility Management, Community Sport, Emergency Management, and more. These discussions identified desired outcomes for the Ageing Well Living Lab, reflecting the high-priority areas that we aim to fund. This document serves as a guide for applicants to align proposals with Council's objectives, though innovative solutions outside these areas are welcome.

For any questions, please contact smartcity@casey.vic.gov.au

1. Prevention and Early Intervention

How might we identify signs of declining health, wellbeing or social connection early and connect older adults with support before they reach crisis point?

We encourage organisations to submit projects that focus on delivering these outcomes:

- Older adults identify and address emerging health, wellbeing, financial or social challenges earlier.
- Increased awareness of available services, supports and pathways to assistance.
- More people take proactive steps to prepare for healthy ageing before they require formal support.
- Improved health literacy, self-management and help-seeking behaviours.
- Reduced incidence of preventable crises, falls and avoidable declines in wellbeing.
- Increased financial wellbeing and preparedness for later life.
- Families, carers and community members are better equipped to recognise and respond to signs of vulnerability.
- Prevention and early intervention approaches are accessible, affordable and inclusive.
- Stronger community capacity to support healthy ageing and wellbeing.
- Increased participation in preventative health and wellbeing activities.

2. Health and Wellbeing

How might we support older adults to maintain and improve their physical, mental and emotional wellbeing as they age?

We encourage organisations to submit projects that focus on delivering these outcomes:

- Older adults maintain and improve their physical, mental and emotional wellbeing.
- Increased participation in activities that support healthy ageing.
- Improved confidence and capability to manage personal health and wellbeing.
- Greater access to affordable, inclusive and preventative health supports.
- Improved resilience and ability to adapt to life transitions associated with ageing.
- Increased understanding of the link between physical, mental, social and financial wellbeing.
- Reduced avoidable decline in health, functioning and quality of life.
- Increased adoption of healthy behaviours that support long-term wellbeing.
- More equitable health and wellbeing outcomes for priority and vulnerable cohorts.
- Evidence-based approaches to healthy ageing are tested, refined and shared.

3. Independence and Connection

How might we reduce loneliness and social isolation for older adults by supporting meaningful social connections at every stage of ageing?

We encourage organisations to submit projects that focus on delivering these outcomes:

- Older adults maintain independence, autonomy and confidence for longer.
- Increased meaningful social connections and a stronger sense of belonging.
- Reduced loneliness and social isolation.
- Greater participation in community, social and civic life.
- Improved awareness of, and access to, community groups, services and opportunities.
- Stronger formal and informal support networks for older adults.
- Increased confidence navigating services, supports and community opportunities.
- Improved ability for older adults to remain connected to people, places and activities that matter to them.
- Increased uptake of outreach and connection opportunities among people at risk of isolation.
- Communities become more age-friendly, inclusive and supportive of healthy ageing.

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