## Mangroves

## Mangroves are small trees with breathing roots that live between high and low tide

## Quick facts

- Fish, crabs and insects live in mangroves and are an important part of the marine food chain
- Mangroves protect shorelines from wave erosion
- Mangrove forests expand by creating their own soil from trapping sediments
- Western Port is one of the most southern places that mangroves occur

## What you can do

- Avoid walking, riding or driving through mangrove areas
- Take care when boating/fishing not to damage mangrove roots
- Don't dump rubbish and litter in coastal areas











